

October 2026

CASS COUNTY SENIOR CITIZEN'S MULTI-PURPOSE CENTER

Sponsored by The Cass County Council on Aging and MARC

LUNCH 11AM RESERVATIONS MUST BE MADE 24 BUSINESS HOURS IN ADVANCE 816-380-3333 SUGGESTED DONATION \$4.00

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4	5 SPAGHETTI TOSSED SALAD BROCOLLI GARLIC BREAD DESSERT	6 COUNTRY FRIED STEAK MASHED POTATOES W/GRAVY GREEN BEANS HOT ROLL BANANA PUDDING	7 <u>BINGO W/VALERIE OF ASPIRE 9:45AM</u> SLOPPY JOES ON BUN TATER TOTS CORN OATMEAL RAISIN COOKIE	8 <u>BLOOD PRESSURESS W/HEALTH DEPT 10:30AM</u> SEASONED CHICKEN BREAST BROCCOLI RICE AUGRATIN DICED BEETS BREAD FRUIT	9 CHILI W/BEANS CREAMY COLESLAW DICED ONIONS CRACKERS FRUIT MIX COOKIE	10																																																																																				
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